THIRD QUARTER RECAP

Summer is a beautiful time in the Lakes Region, and we were blessed to spend the season with several wonderful groups of veterans and families. In just three months, we ran 6 retreats, welcoming 42 veterans to Camp Resilience! Check out the next two pages, for a more detailed look at the summer retreats! As always, a huge thank you to our participants, alumni, volunteers, donors, and partners. There are two remaining retreats this year: an Equine Assisted Therapy retreat Oct. 18-20 and our first "Armor Up" Retreat for First Responders Oct. 25-27.

BENEFIT MOTORCYCLE RIDE A HUGE SUCCESS!

Our first annual Camp Resilience Motorcycle Ride saw 55 bikes, sunny skies, rockin’ tunes, and delicious barbecue. 85 attendees helped us to raised over $2200! That’s enough to sponsor 10 veterans for 2 days of a Camp Resilience Retreat! Our utmost appreciation goes out to the Broken Spoke Saloon, our wonderful sponsors, and, of course, the riders themselves for a wonderful day!

CONCERT FOR CAMP RESILIENCE

An evening of doo wop and golden oldies benefiting veterans and first responders. For tickets and more information visit: www.camp-resilience.org/concert
Who: The Rockin’ Daddios, The Bel Airs & British Pop Star Julie Grant
When: Nov. 10, 2019
Where: Gilford Middle/High School Auditorium
Tickets: $30 in Advance; $25 Seniors and Veterans, $35 at the Door
All proceeds benefit Camp Resilience.
**Vet Center Retreats**
In July, we continued our partnership with the District 1 VA Vet Centers and Extreme Government Solutions, welcoming veterans from North Carolina to Maine for outdoor experience retreats.

**August Student Veterans Retreat**
In August, we held our first retreat for student veterans. Attendees kayaked, hiked, and completed outdoor activities at Gunstock resort; workshops focused on studying, assimilating into the college environment, and managing stress.

**August WWP Family Retreat**
In August, we facilitated another family retreat in cooperation with Wounded Warrior Project’s Project Odyssey. We hosted 5 families for a weekend retreat designed to help families improve the way they communicate with, show respect for, and support each other. The group enjoyed hiking and various outdoor activities at the Gunstock Mountain Resort.
SEPTEMBER REUNION RETREAT

In September, we welcomed seven of our alumni back to Camp Resilience! The veterans enjoyed rafting and hiking while completing workshops on staying mindful and setting goals. The reunion retreat also presented the perfect opportunity to explore our organization’s history and future as we continue on our mission to help those who serve bounce back in mind, body, and spirit.

Above: Vets rafting on a lovely, cloudy day; Couples prepare to enjoy Gunstock Resort’s Aerial Treetop Adventure. Below: A veteran relaxes on the Merrymeeting River.

SEPTEMBER COUPLES RETREAT

The third quarter concluded with a wonderful couples retreat! The partners spent the weekend laughing and smiling whether kayaking or doing water aerobics, all the while, completing workshops on intimacy and communication techniques.

GET INVOLVED

To volunteer go to our website (camp-resilience.org) and click on the Volunteer tab. To donate simply go to our website (camp-resilience.org) and click on the donate tab, or you can mail a check to the Patriot Resilient Leader Institute at PO Box 7384, Gilford, NH 03247-7384. All donations are tax-deductible.