



## Camp Resilience Conduct Expectations

*Failure to adhere to these expectations will result in your dismissal from the retreat.*

- 1) There will be no consumption of alcohol or illicit drugs.
- 2) Do not bring weapons of any type to your retreat. This includes pocket knives. If you brought a pocket knife with you, leave it in your room during your entire stay.
- 3) Camp Resilience is a judgement free zone. What happens and is said at the retreat will stay between the attendees, staff, and volunteers. However, if something is deemed a safety concern, it may be shared outside of the retreat.
- 4) We expect you to be on time and participate in all retreat activities, including all sports activities. If you are unable to participate in or complete a sports activity for any reason, we ask you stay and continue to support the other members of your team as they complete the activity.
- 5) Group activities include transportation to and from their venues. We expect you to utilize the provided transportation and ride to activities with the rest of the group.
- 6) You are responsible for taking any prescribed medications. If a medical emergency occurs, we will assist you in getting care from local medical facilities, at your expense.
- 7) Communication is critical. If you are having problems of any kind during the session, it is critical that you discuss them with us so we can help resolve them.

**Above all, have fun, help yourself, and help others!**