



CAMP RESILIENCE

• MILITARY & VETERAN FAMILY RETREAT - 2023 •

JULY
6-9

Join us for 4 days of family fun and adventure in Gilford, NH!

Camp Resilience proudly offers this retreat to military and veteran families; married two-parent and single parent families and their children. Enjoy four days together having fun and finding new ways to improve in your family relationships.

Family Resilience. It Matters.

Improve the way your family:

- Communicates
- Respects & Supports Each Other
- Works and Plays Together
- Expresses Affection & Affirmation

Lots of FUN activities, such as:

- Hiking
- Kayaking
- Sailing
- Yoga
- Games
- And MORE!

Lodging, meals, and activities are provided at no cost to participants.



Space is limited - For more information or to apply visit
www.camp-resilience.org/futureretreats

Please send questions to info@camp-resilience.org or call 978 219 4003.