



## *Retreat for Student Veterans*

Are you a veteran studying at a 2 or 4-year college? If so, this Camp Resilience retreat may be just right for you. It will include workshops covering such topics as understanding how issues from military service can affect your studies, making the transition to college life, communication skills and developing good study habits. There will also be discussions on the adjustment to college post deployment and how veterans with PTSD, depression and other service related issues can succeed in their academic endeavors.

In addition to the workshops, the retreat will also include exciting and challenging sports activities like climbing at an indoor climbing, an introduction to scuba diving, snowshoeing and yoga.

Lodging, meals and activities are all provided at no cost to the participants, but they must arrange their own transportation to/from Gilford, NH. Applications should be submitted not later than Dec 20<sup>th</sup>, 2019.



<b>WHO:</b>	Veterans Returning to School
<b>WHEN:</b>	Jan 10 <sup>th</sup> – 12 <sup>th</sup> , 2020
<b>WHERE:</b>	The Gunstock Inn 580 Cherry Valley Rd Gilford, NH
<b>APPLY:</b>	<a href="http://www.camp-resilience.org/apply">http://www.camp-resilience.org/apply</a>

For more information about Camp Resilience go to  
[www.camp-resilience.org](http://www.camp-resilience.org) or  
[www.facebook.com/CampResilience/](https://www.facebook.com/CampResilience/)

Send questions to  
[info@camp-resilience.org](mailto:info@camp-resilience.org)  
 or call (978) 219-4003.